

Community Partnerships for Experiential and Service Learning



MIDWESTERN
STATE UNIVERSITY

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Outcomes

Describe benefits and challenges of providing a field experience during summer school.

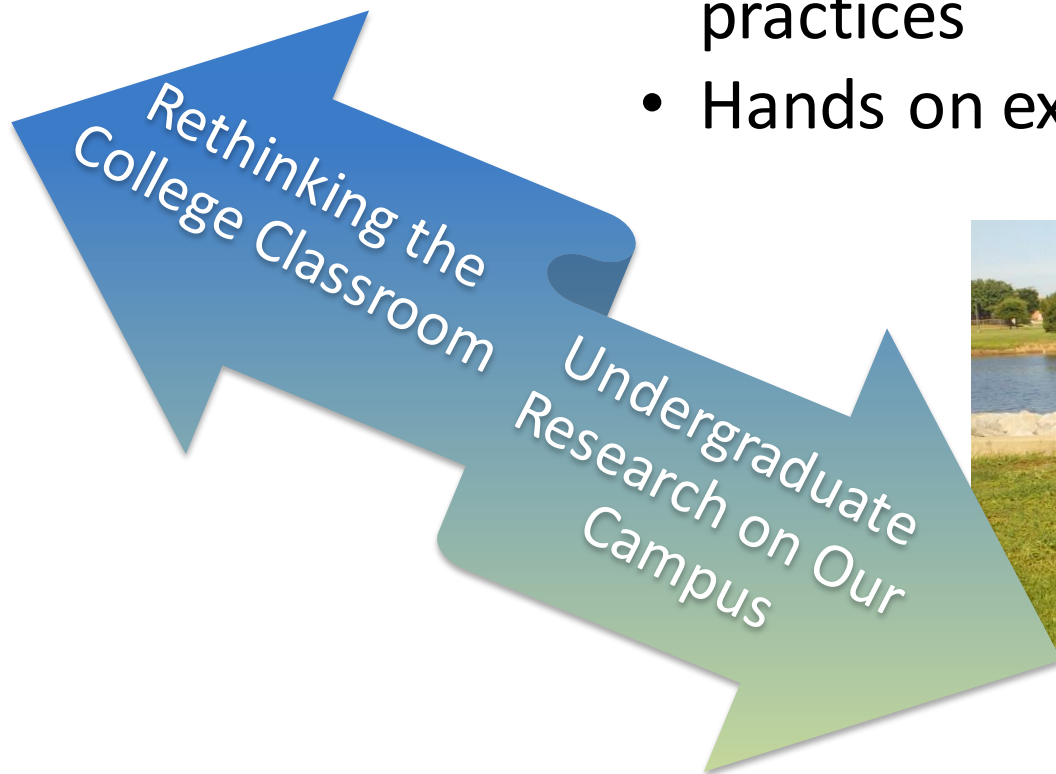
Identify practical approaches, challenges and insights to facilitating undergraduate service learning.

Discuss future directions for providing quality, high-impact learning experiences for undergraduate kinesiology students.

Purpose



- High impact educational practices
- Hands on experiences



- Ideal summer courses
- Combination of field experience with research experience

Program Goals

Increase the quality of education provided to the Kinesiology students to ensure they have essential competencies in chosen careers.

Foster skill building and increase knowledge for planning and leading outdoor and fitness activities.

Engage undergraduates in research in the field.

B.E.A.T. Camp



-Kinesiology and
Sport and Leisure
Studies Majors

-4th Grade
Elementary students
nominated by 2
local schools

Funding through
Local
Foundation
Grant

One week of
Camp, 8-12
Daily, outdoor
and fitness and
conditioning
activities



Student Expectations

- Valuable experience for the Kinesiology students as

- Camp Director

- School Liaison
 - Camp Rules/Schedule
 - Budgeting/Purchasing
 - Recruitment/Registration
 - Travel Arrangements
 - Media Relations
 - Conflict Resolution



- Student Counselor/Leader

- Planning/Time Management
 - Leading/Teaching (student engagement)
 - Evaluation (personal & student)
 - Conflict Resolution
 - Research

Partnerships



- Campus collaboration
- Local School District/Schools
- Local Foundations/Non-profits



Connecting &
Networking

Faculty,
Administrators,
Community Partners

- Application of verbal & written communication skills at different levels.

Methods

- Undergraduate students- Journal Entries
 - Prior to camp
 - During camp
 - After camp
- Undergraduates as Researchers-Collected data from campers:
 - Camp journals
 - Guided interviews:
 - Perceived skill knowledge
 - Questions about the camp experience



Data Analysis and Results

Coded
Journal
Responses



Categories	Quote
Building Skills for Teaching	<p>"One thing I learned about the kids is that repetition has a positive impact on them picking up a skill"</p> <p>"Mentees perform better when you give positive feedback"</p> <p>"I have come to realize that most of us teachers have concentrated to much on jumping right into the activity instead of teaching the lesson thoroughly"</p> <p>"...and made more rules to accommodate the game"</p>
Positive Impact Working with Children	<p>"We weren't with them that long but it shows how in such a short period you can make a big impact in someone's life"</p> <p>"...and it has been really cool getting to see the girl's laugh and how much their personality really comes out the more comfortable they get with you"</p> <p>"Being a mentor this past spring and summer has helped me a lot with developing my skills in communicating and relating to young kids"</p>
Preparation for Career	<p>"This contributed to my career outlook by thinking about the potential of working with younger kids"</p> <p>"Being a part of things like this camp help me to see what level of students I want to focus on. The thought of twenty 4th-5th graders does not really excite me that much. I would rather spend my time in adapted classrooms"</p>

Data Analysis and Results



Wilcoxon
Non-
parametric
test

Camp Activity	Post-test - Pre-test	n	z	p
Archery	Negative Rank	1	-.557	.577
	Positive Rank	3		
	Equal	6		
	Total	10		
Canoe	Negative Rank	2	-1.138	.255
	Positive Rank	7		
	Equal	1		
	Total	10		
Hiking	Negative Rank	5	-.494	.621
	Positive Rank	3		
	Equal	2		
	Total	10		
Geocaching	Negative Rank	2	-.216	.829
	Positive Rank	4		
	Equal	4		
	Total	10		
Spin	Negative Rank	5	-.933	.351
	Positive Rank	5		
	Equal	0		
	Total	10		
Weight Training	Negative Rank	2	-.440	.660
	Positive Rank	6		
	Equal	2		
	Total	10		
Yoga	Negative Rank	2	-.940	.347
	Positive Rank	8		
	Equal	0		
	Total	10		
Stretching	Negative Rank	2	-.743	.458
	Positive Rank	2		
	Equal	6		
	Total	10		
Kickboxing	Negative Rank	7	-1.976	.048
	Positive Rank	2		
	Equal	1		
	Total	10		
Fishing	Negative Rank	2	-1.186	.236
	Positive Rank	4		
	Equal	4		
	Total	10		

Participant Input

Themes	Quotes
Fun	"I love MSU Beat camp. It is so fun. I loved everything." "This has been a really fun week!" "It was so ridiculously fun."
Enjoyed the Activities	"Today was cool, for the first time I got to kayak. It was really fun and I got the hang of it pretty quick." "I had fun kickboxing. Archery was hard and fun." "My favorite part of the day was spin class."
Want to come back	"Looking forward to tomorrow." "Gonna miss this camp." "Wish this year will go by fast so I could come next year." "I want to come here until I grow up."
Increase of Knowledge	"Today we did the slack line and they showed us how to keep balance well." "It was kind of hard doing red in the bed but it taught us to keep your compass flat so you can read it better." "My favorite thing was fishing, and we learned about all the parts of the pole."

Conclusions

- Valuable experience for the Kinesiology students
 - Enhanced teaching skills
 - Cultivated their ability to work with children
 - Gained practical knowledge
 - Learned more about themselves
 - Learned about the role of research in the field
 - Conceptualizing
 - Collecting data
- The assessment of the qualitative and quantitative data show that they children enjoyed camp, and learned and/or improved knowledge of skills through participation in the B.E.A.T. camp, making this camp a success.





Thank you.

Questions?

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