



Health and Fitness in the 21st Century: The Psychology of Human Performance



Keynote Presentation – Dr. Peyton Greco

Presentation Title: Improving transition from sport for physical and mental well-being within the NCAA Division III context

Date: April 17th

Times:

- Check in 8:30 am-9 am
- Presentations 9 am-12 pm

Location: All sessions will take place in the Upper Student Center Lounge



Keynote Presentation – Dr. David Farrokh

Presentation Title: Meaning in Movement: Flow States, Peak Experiences, and Meaning in Physical Activity

REGISTRATION LINK



FOR MORE INFORMATION

contact Oliver Rick
Director of Sports Management
oliver.rick@regiscollege.edu